



BAHAMAS MARINE FORECAST

MARINE FORECASTS FOR THE BAHAMAS ISSUED BY THE BAHAMAS DEPARTMENT OF METEOROLOGY AT 12:00 P.M. EST SATURDAY, 29TH MARCH, 2026, FOR THE NEXT 24 HOURS. THE NEXT SCHEDULED FORECASTS WILL BE ISSUED AT 6:00 P.M. EST.

A Near Gale Warning (28 – 33 knots) is in effect for the entire Bahamas. Near gale force winds will impact all areas today and continue until mid-week. Boaters, especially small craft, are urged to remain in port in the areas of the Gulfstream, Northwest Providence Channel, Northeast Providence Channel, Exuma Sound, Crooked Island Passage, Mayaguana Passage, Caicos Passage, and Atlantic waters.

WARNINGS:

Rough Surf conditions and dangerous rip currents will plague the area waters of the island chain. These conditions are expected to begin today and continue until mid-week. Beachgoers and swimmers are strongly advised to avoid entering these waters.

GENERAL SITUATION:

The cold front across the Northern Bahamas is making a southward trek through the archipelago, increasing cloudiness and shower activity as it moves over the islands. Brisk breezes and near gale gusts are expected to continue as high pressure quickly builds behind the front. Strong winds and rough seas are expected to persist for the work week.

NORTHERN BAHAMAS

(INCLUDING GRAND BAHAMA, ABACO, BIMINI & ADJACENT WATERS):

ADVISORY: **A Near Gale Warning** is in effect.
Boaters, especially small craft, are urged to remain in port.

WINDS: Northeast to east at 20 to 25 knots with occasional gusts to near gale force.

LOCAL SEAS: 3 feet or less in nearshore sheltered waters, 4 to 6 feet in open waters, 10 to 13 feet in Atlantic waters.

GULF STREAM: 10 to 12 feet.

SWELLS: Large northerly swells in Atlantic waters.

WEATHER: Scattered showers with a chance of an isolated thunderstorm.

NORTHWEST BAHAMAS

(INCLUDING NEW PROVIDENCE, ANDROS, THE BERRY ISLANDS, ELEUTHERA & ADJACENT WATERS):

ADVISORY: **A Near Gale Warning** is in effect.
Boaters, especially small craft, are urged to remain in port.

WINDS: Northeast to east at 15 to 20 knots with near gale gusts.

LOCAL SEAS: 3 feet or less in nearshore sheltered waters, 5 to 8 feet in open waters, up to 11 feet in Atlantic waters.

SWELLS: Large northerly swells in Atlantic waters.

WEATHER: Slight chance of a shower.

CENTRAL BAHAMAS

(INCLUDING EXUMA, CAT ISLAND, LONG ISLAND, SAN SALVADOR, RUM CAY & ADJACENT WATERS):

ADVISORY: **A Near Gale Warning** is in effect.
Boaters, especially small craft, are urged to remain in port.

WINDS: Northeasterly at 15 to 20 knots with near gale gusts.

LOCAL SEAS: 3 feet or less in nearshore sheltered waters, 3 to 5 feet in open waters, 4 to 6 feet in Atlantic waters building 7 to 11 feet tonight.

SWELLS: Moderate northerly swells in Atlantic waters.

WEATHER: Slight chance of an isolated shower.

SOUTHEAST BAHAMAS

(INCLUDING INAGUA, ACKLINS, CROOKED ISLAND, MAYAGUANA, RAGGED ISLAND & ADJACENT WATERS):

ADVISORY: **A Near Gale Warning** is in effect.
Boaters, especially small craft, are urged to remain in port.

WINDS: Northeasterly at 15 to 20 knots with near gale gusts.

LOCAL SEAS: 3 feet or less in nearshore sheltered waters, 4 to 6 feet in open waters, 5 to 8 feet in Atlantic waters.

SWELLS: Light mixed swells in Atlantic waters.

WEATHER: Slight chance of a few showers.



MOONRISE:	MOONSET:
4:29pm	5:32am MON
MOON PHASE <i>FIRST QUARTER</i>	
FULL MOON – 1 ST APRIL 2026	

ISLAND TIDES:	NORTHERN (GRAND BAHAMA):	NORTHWEST (NEW PROVIDENCE):	CENTRAL (EXUMA):	SOUTHEAST (INAGUA):
LOW TIDE:	12:45 PM	12:15 PM	12:08 PM	12:37 PM
HIGH TIDE:	6:42 PM	6:18 PM	6:20 PM	6:34 PM

(For specific times for other islands, please see Tide Table Publication.)

EXTENDED FORECAST FOR THE BAHAMAS FOR MONDAY, 30TH MARCH, 2026:

ADVISORY:	A Near-gale Warning is in effect for the entire Bahamas. <i>Mariners, especially small craft mariners, are advised to seek safe harbour and remain in port.</i>
WINDS:	Southeast Bahamas: Easterly at 20 to 25 knots with gusts to near gale. Elsewhere: Easterly at 15 to 20 knots with gusts to near gale.
SEAS:	Northern Bahamas: 3 feet or less in sheltered waters, 4 to 6 feet in open waters, up to 11 feet in Atlantic waters. Northwest and Central Bahamas: 3 feet or less in sheltered waters, 5 to 8 feet in open waters, up to 12 feet in Atlantic waters. Southeast Bahamas: 3 feet or less in sheltered waters, 6 to 9 feet in open waters, up to 12 feet in Atlantic waters.
PRECIPITATION:	Northern and Northwest Bahamas: Chance of scattered showers with an isolated thunderstorm. Central and Southeast Bahamas: Slight chance of a few showers.

EXTENDED FORECAST FOR THE BAHAMAS FOR TUESDAY, 31ST MARCH, 2026:

ADVISORY:	A Near-gale Warning is in effect for the Central and Southeast Bahamas. <i>Mariners, especially small craft mariners, are advised to seek safe harbour and remain in port.</i> There is a small craft advisory in effect for Atlantic waters of the Northern and Northwest Bahamas.
WINDS:	Northern Bahamas: Easterly at 15 to 20 knots. Elsewhere: Easterly at 15 to 20 knots with higher gusts.
SEAS:	Northern Bahamas: 3 feet or less in nearshore sheltered waters, 4 to 6 feet in open waters and 8 to 10 feet in Atlantic waters. Northwest and Central Bahamas: 3 feet or less in nearshore sheltered waters, 6 to 8 feet in open waters, 9 to 11 feet in Atlantic waters. Southeast Bahamas: 3 feet or less in nearshore sheltered waters, 8 to 10 feet in open waters, up to 13 feet in Atlantic waters.
PRECIPITATION:	All areas: Chance of scattered showers.

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BAHAMAS
DEPARTMENT OF
METEOROLOGY

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