



BAHAMAS MARINE FORECAST

MARINE FORECASTS FOR THE BAHAMAS ISSUED BY THE BAHAMAS DEPARTMENT OF METEOROLOGY AT 12:00 P.M. EDT MONDAY, 6TH JULY, 2026, FOR THE NEXT 24 HOURS. THE NEXT SCHEDULED FORECASTS WILL BE ISSUED AT 6:00 P.M. EDT.

Marine Heat Advisory: Mariners are advised that high heat indices (above 105°F/40.5°C) are expected across the waters of the Northern Bahamas (Grand Bahama, Abaco and Bimini). Prolonged exposure to the sun and hot conditions may increase the risk of heat-related illnesses. *Stay hydrated, limit strenuous activity, seek shade when possible, and monitor crew members for signs of heat stress.*

Dust Advisory: Moderate Saharan dust concentrations will affect the visibility and air quality of the waters of the Central and Southeast Bahamas. **Mariners should exercise caution while traversing these areas as a result of reduced visibility and should take the necessary precautions to safeguard respiratory health.**

WARNINGS:

There is a **moderate risk of rip currents** for all waters of the Central and Southeast Bahamas. Beachgoers are urged to exercise caution when entering the water.

Severe Weather Risk: There is a **moderate risk** of severe thunderstorms (including heavy showers, hail, funnel clouds and frequent lightning) affecting portions of the **Northern and Northwest Bahamas** during peak daytime hours. *Boaters in these areas should keep updated on all severe weather warnings issued by the Bahamas Department of Meteorology and should be prepared to seek safe harbor once conditions begin to deteriorate.*

Tropical moisture over the Northern and Northwest Bahamas will continue to create showers and isolated thunderstorms over the area. Mariners should expect reduced visibility, gusty winds, rough seas, and locally higher waves in and near thunderstorms. Meanwhile, a building ridge will support fresh to strong breezes, leading to moderate to rough seas across the waters of the Central and Southeast Bahamas.

GENERAL SITUATION:

Outlook: A few showers and thunderstorms will linger over the northern and northwest waters early Tuesday before drier and more stable conditions spread across the Bahamas. Fresh to strong easterly winds will maintain moderate to rough seas through midweek, while Saharan dust keeps visibility reduced and conditions hazy across much of the area. Mariners should continue to exercise caution, especially in areas of reduced visibility and choppy seas.

NORTHERN BAHAMAS

(INCLUDING GRAND BAHAMA, ABACO, BIMINI & ADJACENT WATERS):

No advisory for seas.

ADVISORY: *Gusty winds, higher seas and reduced visibility can be experienced in the vicinity of showers and thunderstorms.*

WINDS: Southeast to south at 10 knots or less, falling light and variable at times.

LOCAL SEAS: 3 feet or less in nearshore and open waters, 2 to 4 feet in Atlantic waters.

GULF STREAM: Less than 2 feet.

SWELLS: Light easterly swells in Atlantic waters.

WEATHER: Isolated showers and thunderstorms.

NORTHWEST BAHAMAS

(INCLUDING NEW PROVIDENCE, ANDROS, THE BERRY ISLANDS, ELEUTHERA & ADJACENT WATERS):

No advisory for seas.

ADVISORY: *Gusty winds, higher seas and reduced visibility can be experienced in the vicinity of showers and thunderstorms.*

WINDS: Southeasterly at 10 knots, falling light and variable at times.

LOCAL SEAS: 3 feet or less in nearshore and open waters, 3 to 5 feet in Atlantic waters.

SWELLS: Light easterly swells in Atlantic waters.

WEATHER: Isolated showers and thunderstorms.

**CENTRAL BAHAMAS**

(INCLUDING EXUMA, CAT ISLAND, LONG ISLAND, SAN SALVADOR, RUM CAY & ADJACENT WATERS):

ADVISORY: There is a *small craft caution* for Atlantic waters.

WINDS: East to southeast at 10 to 15 knots with higher gusts, increasing to 15 knots tonight.

LOCAL SEAS: 3 feet or less in nearshore waters, 2 to 4 feet in open waters, 3 to 5 feet in Atlantic waters, building 4 to 6 feet tonight.

SWELLS: Light easterly swells in Atlantic waters.

WEATHER: Slight chance of isolated showers.

SOUTHEAST BAHAMAS

(INCLUDING INAGUA, ACKLINS, CROOKED ISLAND, MAYAGUANA, RAGGED ISLAND & ADJACENT WATERS):

ADVISORY: There is a *small craft advisory* for Atlantic waters.
There is a *small craft caution* for open waters.

WINDS: East to southeast at 15 to 20 knots with higher gusts.

LOCAL SEAS: 3 feet or less in nearshore waters, 3 to 5 feet in open waters and 5 to 7 feet in Atlantic waters.

SWELLS: Light easterly swells in Atlantic waters.

WEATHER: Slight chance of isolated showers.

MOONSET:	MOONRISE:
12:13pm	12:20am TUE
MOON PHASE <i>WANING GIBBOUS</i>	
LAST QUARTER – 7 th July 2026 at 3:29pm	

ISLAND TIDES:	NORTHERN (GRAND BAHAMA):	NORTHWEST (NEW PROVIDENCE):	CENTRAL (EXUMA):	SOUTHEAST (INAGUA):
HIGH TIDE:	1:26 PM	1:02 PM	1:04 PM	1:18 PM
LOW TIDE:	7:42 PM	7:12 PM	7:05 PM	7:34 PM

*(For specific times for other islands, please see Tide Table Publication.)***TROPICAL WEATHER OUTLOOK:**

Tropical cyclone formation is not expected during the next 7 days.

EXTENDED FORECAST FOR THE BAHAMAS FOR TUESDAY, 7TH JULY, 2026:

There is a *small craft advisory* for Atlantic waters of the Southeast Bahamas.

ADVISORY: There is a *small craft caution* for open waters of the Southeast Bahamas and Atlantic waters of the Central Bahamas.

WINDS: **Northern and Northwest Bahamas:** Southeast to south at 10 to 15 knots.
Central and Southeast Bahamas: East to southeast at 15 to 25 knots with gusts to near gale.

SEAS: **Northern and Northwest Bahamas:** 2 feet or less in sheltered nearshore waters. 2 to 4 feet in sheltered offshore waters. 3 to 5 feet in Atlantic waters.
Central Bahamas: 3 feet or less in sheltered nearshore waters, 3 to 5 feet in sheltered offshore waters. 4 to 6 feet in Atlantic waters.
Southeast Bahamas: 2 to 4 feet in sheltered nearshore waters, 4 to 7 feet in sheltered offshore waters. 5 to 8 feet in Atlantic waters and waters of the Windward Passage.

PRECIPITATION: **All areas:** Chance of isolated showers and thunderstorms.



EXTENDED FORECAST FOR THE BAHAMAS FOR WEDNESDAY, 8TH JULY, 2026:

- ADVISORY:** There is a *small craft advisory* for all waters of the Southeast Bahamas, and Atlantic waters of the Central Bahamas.
- There is a *small craft caution* for Atlantic waters of the Northwest Bahamas.
- WINDS:** **Northern Bahamas:** Southeasterly at 10 to 15 knots, falling light and variable at times.
Northwest Bahamas: East to southeast at 15 knots with higher gusts.
Central and Southeast Bahamas: Easterly at 15 to 25 knots with higher gusts.
- SEAS:** **Northern and Northwest Bahamas:** 3 feet or less in nearshore and open waters, 3 to 5 feet in Atlantic waters.
Central Bahamas: 2 feet or less in nearshore waters, 2 to 4 feet in open waters and 4 to 6 feet in Atlantic waters.
Southeast Bahamas: 2 feet or less in nearshore waters, 4 to 6 feet in open waters and 6 to 8 feet in Atlantic waters.
- PRECIPITATION:** **All areas:** Chance of isolated showers.

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**BAHAMAS
DEPARTMENT OF
METEOROLOGY**

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