



BAHAMAS MARINE FORECAST

MARINE FORECASTS FOR THE BAHAMAS ISSUED BY THE BAHAMAS DEPARTMENT OF METEOROLOGY AT 12:00 P.M. EDT SUNDAY, 28TH JUNE, 2026, FOR THE NEXT 24 HOURS. THE NEXT SCHEDULED FORECASTS WILL BE ISSUED AT 6:00 P.M. EDT.

Rip Currents: A *slight to moderate risk* of rip currents exists along Atlantic-exposed coastlines of the island chain. *Beachgoers are urged to exercise caution when entering the water.*

WARNINGS:

Marine Heat Advisory: Mariners are advised that **high heat indices** (above 105°F/40.5°C) are expected across the waters of The Bahamas. Prolonged exposure to the sun and hot conditions may increase the risk of heat-related illnesses. *Stay hydrated, limit strenuous activity, seek shade when possible, and monitor crew members for signs of heat stress.*

GENERAL SITUATION:

A broad ridge continues to dominate weather across the archipelago, maintaining light to moderate breezes and favourable seas through tonight. These conditions are expected to persist through Monday. A frontal boundary is expected to move near the Northern Bahamas Tuesday, increasing shower chances for the area. By Wednesday, a tropical wave is expected to move across the Southeast Bahamas, increasing shower and thunderstorm activity for the southern islands. Mariners should anticipate locally higher winds, rough seas, frequent lightning, and significantly reduced visibility in and near heavier showers and thunderstorms.

NORTHERN BAHAMAS

(INCLUDING GRAND BAHAMA, ABACO, BIMINI & ADJACENT WATERS):

ADVISORY: *None.*
WINDS: Southeasterly at 10 knots or less.
LOCAL SEAS: 2 feet or less in nearshore and offshore sheltered waters, and 2 to 4 feet in Atlantic-exposed waters.
GULF STREAM: 2 feet or less.
SWELLS: Light easterly swells in Atlantic waters.
WEATHER: Slight chance of showers with possible afternoon thunderstorms.

NORTHWEST BAHAMAS

(INCLUDING NEW PROVIDENCE, ANDROS, THE BERRY ISLANDS, ELEUTHERA & ADJACENT WATERS):

ADVISORY: *None.*
WINDS: Easterly at 10 to 15 knots with higher gusts.
LOCAL SEAS: 2 feet or less in nearshore and offshore sheltered waters, and 2 to 4 feet in Atlantic-exposed waters.
SWELLS: Light easterly swells in Atlantic waters.
WEATHER: Slight chance of showers with possible afternoon thunderstorms.

CENTRAL BAHAMAS

(INCLUDING EXUMA, CAT ISLAND, LONG ISLAND, SAN SALVADOR, RUM CAY & ADJACENT WATERS):

ADVISORY: A *small craft caution* is in effect for Atlantic-exposed waters
WINDS: Easterly at 10 to 15 knots with higher gusts.
LOCAL SEAS: 2 feet or less nearshore, 2 to 4 feet in open waters and 4 to 6 feet in Atlantic-exposed waters.
SWELLS: Light easterly swells in Atlantic waters.
WEATHER: Slight chance of showers with possible afternoon thunderstorms.

SOUTHEAST BAHAMAS

(INCLUDING INAGUA, ACKLINS, CROOKED ISLAND, MAYAGUANA, RAGGED ISLAND & ADJACENT WATERS):

ADVISORY: A *small craft caution* is in effect for Atlantic-exposed waters
WINDS: Easterly at 10 to 15 knots with higher gusts.
LOCAL SEAS: 2 feet or less nearshore, 2 to 4 feet in open waters and 4 to 6 feet in Atlantic-exposed waters.
SWELLS: Light easterly swells in Atlantic waters.
WEATHER: Slight chance of showers with possible afternoon thunderstorms.



MOONRISE:	MOONSET:
7:22PM	5:47AM MON
MOON PHASE	
<i>FIRST QUARTER</i>	
FULL MOON – 29 TH JUNE 2026.	

ISLAND TIDES:	NORTHERN (GRAND BAHAMA):	NORTHWEST (NEW PROVIDENCE):	CENTRAL (EXUMA):	SOUTHEAST (INAGUA):
LOW TIDE:	1:56 PM	1:26 PM	1:19 PM	1:48 PM
HIGH TIDE:	8:19 PM	7:55 PM	7:57 PM	8:11 PM

(For specific times for other islands, please see Tide Table Publication.)

TROPICAL WEATHER OUTLOOK:

1. Offshore of the Southeastern U.S. Coast:
 A broad low-pressure area is expected to form offshore of the southeastern coast of the United States along the western end of a frontal system on Monday or Tuesday. *Formation chance through 7 days is low at 20 percent.*

EXTENDED FORECAST FOR THE BAHAMAS FOR MONDAY, 29TH JUNE, 2026:

ADVISORY: A *small craft caution* is in effect for Atlantic-exposed waters of the Southeast Bahamas.
Northern Bahamas: Southeasterly at 10 knots or less, falling light and variable during the afternoon.
WINDS: **Northwest and Central Bahamas:** East to southeast at 10 to 15 knots, falling light and variable at times.
Southeast Bahamas: East to southeast at 15 knots, shifting northeast to east at 10 to 15 knots.
SEAS: **Southeast Bahamas:** 2 feet or less nearshore, 2 to 4 feet in open waters and 4 to 6 feet in Atlantic-exposed waters.
Elsewhere: 2 feet or less in nearshore and open waters, and 2 to 4 feet in Atlantic-exposed waters.
PRECIPITATION: **All areas:** Slight chance of showers.

EXTENDED FORECAST FOR THE BAHAMAS FOR TUESDAY, 30TH JUNE, 2026:

ADVISORY: *None.*
WINDS: **Northern Bahamas:** Variable at 10 knots or less.
Northwest and Central Bahamas: Easterly at 10 knots or less, falling light and variable at times.
Southeast Bahamas: Northeast to east at 10 to 15 knots with higher gusts
Northern & Northwest Bahamas: 2 feet or less in nearshore and open waters, and 2 to 4 feet in Atlantic-exposed waters.
SEAS: **Central and Southeast Bahamas:** 2 feet or less nearshore waters, 2 to 4 feet open waters, and 3 to 5 feet in Atlantic-exposed waters.
PRECIPITATION: **Northern Bahamas:** Slight chance of showers with thunderstorms.
Northwest, Central and Southeast Bahamas: Slight chance of showers.

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(Please view our products on our Bahamas Meteorology Facebook Page or our website, met.gov.bs.)