



## BAHAMAS MARINE FORECAST

MARINE FORECASTS FOR THE BAHAMAS ISSUED BY THE BAHAMAS DEPARTMENT OF METEOROLOGY AT 12:00 P.M. EST DAY, MARCH, 2026, FOR THE NEXT 24 HOURS. THE NEXT SCHEDULED FORECASTS WILL BE ISSUED AT 6:00 P.M. EST.

There is a **NEAR-GALE WATCH (Winds: 28 knots – 33 knots)** in effect for the Northern, Northwest and Central Bahamas. Near-gale winds gusts are possible across the Northern and Northwest Bahamas. *Mariners, especially small craft mariners, are advised to seek safe harbour and remain in port.*

**WARNINGS:** *Mariners are urged to exercise extreme caution as they navigate shallow waters during low tides, as there is an increased risk of running aground.*

There is a **moderate to high risk** of rip currents for open and Atlantic waters of the island chain. *Swimmers are advised not to enter these waters.*

**GENERAL SITUATION:**

Rough seas and strong winds are expected to persist through the weekend due to sea swells and wind driven waves from the quasi-stationary frontal boundary and the building high in the Gulf. The front is expected to continue moving over the Southeast Bahamas, increasing showers and thunderstorm activity over the area before making an exit out of the archipelago by tomorrow.

### NORTHERN BAHAMAS

(INCLUDING GRAND BAHAMA, ABACO, BIMINI & ADJACENT WATERS):

**ADVISORY:** There is a **NEAR-GALE WATCH** in effect.  
There is a **small craft advisory** in effect for all area waters.  
**WINDS:** Northeasterly at 15 to 20 knots with gusts to near gale.  
**LOCAL SEAS:** 3 feet or less in sheltered waters, 4 to 6 feet in open waters, 8 to 12 feet in Atlantic waters.  
**GULF STREAM:** 6 to 9 feet.  
**SWELLS:** Moderate easterly swells in Atlantic waters.  
**WEATHER:** Slight chance of showers.

### NORTHWEST BAHAMAS

(INCLUDING NEW PROVIDENCE, ANDROS, THE BERRY ISLANDS, ELEUTHERA & ADJACENT WATERS):

**ADVISORY:** There is a **NEAR-GALE WATCH** in effect.  
There is a **small craft advisory** in effect for all area waters.  
**WINDS:** Northeasterly at 15 to 20 knots with gusts to near gale.  
**LOCAL SEAS:** 3 feet or less in nearshore and open waters, 6 to 9 feet in the Northeast Providence Channel, 7 to 12 feet in Atlantic waters.  
**SWELLS:** Moderate easterly swells in Atlantic waters.  
**WEATHER:** Slight chance of showers.

### CENTRAL BAHAMAS

(INCLUDING EXUMA, CAT ISLAND, LONG ISLAND, SAN SALVADOR, RUM CAY & ADJACENT WATERS):

**ADVISORY:** There is a **NEAR-GALE WATCH** in effect.  
There is a **small craft advisory** in effect for all area waters.  
**WINDS:** Northeasterly at 15 to 25 knots with gusts to near gale.  
**LOCAL SEAS:** 3 feet or less in nearshore waters, 4 to 6 feet in open waters, 8 to 12 feet in Atlantic waters.  
**SWELLS:** Moderate easterly swells in Atlantic waters.  
**WEATHER:** Chance of showers.

### SOUTHEAST BAHAMAS

(INCLUDING INAGUA, ACKLINS, CROOKED ISLAND, MAYAGUANA, RAGGED ISLAND & ADJACENT WATERS):

**ADVISORY:** There is a **small craft advisory** in effect for all area waters.  
**WINDS:** Southwest to northwest at 10 knots or less.  
**LOCAL SEAS:** 3 feet or less in sheltered waters, 3 to 5 feet in open waters, 6 to 8 feet in Atlantic waters.  
**SWELLS:** Moderate mixed swells in Atlantic waters.  
**WEATHER:** Scattered showers with slight chance of isolated thunderstorms.



<b>MOONSET:</b>	<b>MOONRISE:</b>
8:12PM	8:03AM SAT
<b>MOON PHASE</b> <b>NEW MOON</b>	
FIRST QUARTER – 25 <sup>TH</sup> MARCH 2026	

<b>ISLAND TIDES:</b>	<b>NORTHERN (GRAND BAHAMA):</b>	<b>NORTHWEST (NEW PROVIDENCE):</b>	<b>CENTRAL (EXUMA):</b>	<b>SOUTHEAST (INAGUA):</b>
<b>LOW TIDE:</b>	4:07 PM	3:37 PM	3:30 PM	3:59 PM
<b>HIGH TIDE:</b>	10:15 PM	9:51 PM	9:53 PM	10:07 PM

*(For specific times for other islands, please see Tide Table Publication.)*

**EXTENDED FORECAST FOR THE BAHAMAS FOR SATURDAY, 21<sup>ST</sup> MARCH, 2026:**

**ADVISORY:** There is a **small craft advisory** in effect for the Atlantic waters of the island chain, as well as the sheltered waters of the Northwest, Central and Southeast Bahamas.

**WINDS:** **Northern Bahamas:** Northeasterly at 10 to 15 knots with higher gusts.  
**Northwest and Central Bahamas:** Northeasterly at 15 to 20 knots with higher gusts.  
**Southeast Bahamas:** Northwest to northeast at 10 to 15 knots.

**SEAS:** **Northern Bahamas:** 3 feet or less in nearshore waters, 2 to 4 feet in open waters, 8 to 11 feet in Atlantic waters  
**Northwest, Central and Southeast Bahamas:** 3 feet or less in sheltered waters, 5 to 7 feet in open waters, 7 to 11 feet in Atlantic waters.

**PRECIPITATION:** **All areas:** Slight chance of an isolated shower.

**EXTENDED FORECAST FOR THE BAHAMAS FOR SUNDAY, 22<sup>ND</sup> MARCH, 2026:**

**ADVISORY:** There is a **small craft advisory** in effect for the Atlantic waters of the island chain, as well as the sheltered waters of the Southeast Bahamas.  
There is a **small craft caution** in effect for the open waters of the Northwest and Central Bahamas.

**WINDS:** **Northern Bahamas:** Light and variable.  
**Northwest Bahamas:** Northeast to east at 10 knots or less.  
**Central and Southeast Bahamas:** Northeasterly at 10 to 15 knots with higher gusts.

**SEAS:** **Northern Bahamas:** 3 feet or less in sheltered and open waters, 5 to 7 feet in Atlantic waters.  
**Northwest and Central Bahamas:** 3 feet or less in sheltered waters, 3 to 5 feet in open waters, 8 feet subsiding to 5 feet in Atlantic waters.  
**Southeast Bahamas:** 3 feet or less in sheltered waters, 5 to 7 feet in open waters, 9 feet subsiding to 6 feet in Atlantic waters.

**PRECIPITATION:** **All areas:** Slight chance of an isolated shower.

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**BAHAMAS  
DEPARTMENT OF  
METEOROLOGY**

*(Please view our products on our Bahamas Meteorology Facebook Page or our website, met.gov.bs.)*