



BAHAMAS PUBLIC FORECAST

FORECASTS FOR THE BAHAMAS, ISSUED BY THE BAHAMAS DEPARTMENT OF METEOROLOGY AT 6:00 A.M. EDT, Saturday, July 4, 2026, FOR TODAY, TONIGHT AND THE NEXT SIX (6) DAYS. THE NEXT SCHEDULED FORECAST WILL BE ISSUED AT 12:00 P.M. EDT.

WARNING IN EFFECT:

Heat Advisory: A **heat advisory is in effect for all areas of the Bahamas** due to high temperatures in the mid 90's and UV heat indices in the triple digits (very high to extreme range) All residents and visitors are advised to remain hydrated, wear protective clothing and sunscreen and avoid prolonged sun exposure during peak sunshine hours of 11am to 4pm.

A high-pressure ridge continues to dominate the weather pattern across the island chain, maintaining gentle to fresh breezes. Residual moisture, coupled with a southerly wind flow, will support isolated to scattered showers and thunderstorms while hot and humid conditions persist through the weekend.

GENERAL SITUATION:

Outlook: Fresh to moderate breezes will persist across the archipelago. Meanwhile, a thin layer of Saharan dust is expected to spread into the southern islands on Sunday, resulting in hazy conditions. As we head into the work week, high pressure will remain the dominant weather feature while streaming moisture across the region supports hot temperatures and isolated showers and thunderstorms.

SPECIAL WEATHER NOTES:

Rip Currents: A **slight** to **moderate** risk of rip currents exists along Atlantic-exposed coastlines tonight and through the next several days. Beachgoers are urged to exercise caution when entering the water.

NORTHERN BAHAMAS
(INCLUDING GRAND BAHAMA, ABACO, BIMINI & ADJACENT WATERS):

SKY CONDITIONS:	Partly cloudy.		
PRECIPITATION:	30 to 40% chance of showers with thunderstorms.		
WINDS:	Southeast to south at 10 knots or less.		
TEMPERATURES:	MAXIMUM:	MINIMUM:	HEAT INDEX:
	88°F – 95°F / 31°C – 34°C	75°F – 81°F / 24°C – 29°C	100°F – 116°F / 38°C – 47°C

NORTHWEST BAHAMAS
(INCLUDING NEW PROVIDENCE, ANDROS, THE BERRY ISLANDS, ELEUTHERA & ADJACENT WATERS):

SKY CONDITIONS:	Partly cloudy.		
PRECIPITATION:	20 to 40% chance of showers with the chance of isolated thunderstorms.		
WINDS:	East to Southeasterly at 10 knots or less.		
TEMPERATURES:	MAXIMUM:	MINIMUM:	HEAT INDEX:
	88°F – 95°F / 31°C – 34°C	75°F – 81°F / 24°C – 29°C	100°F – 112°F / 38°C – 45°C

CENTRAL BAHAMAS
(INCLUDING EXUMA, CAT ISLAND, LONG ISLAND, SAN SALVADOR, RUM CAY & ADJACENT WATERS):

SKY CONDITIONS:	A mix of sun and clouds becoming partly cloudy.		
PRECIPITATION:	20-30% chance of afternoon showers or isolated thunderstorms.		
WINDS:	East to southeast at 10 to 15 knots, falling to less than 10 knots at times.		
TEMPERATURES:	MAXIMUM:	MINIMUM:	HEAT INDEX:
	88°F – 95°F / 31°C – 34°C	75°F – 81°F / 24°C – 29°C	100°F – 112°F / 38°C – 45°C

**SOUTHEAST BAHAMAS**

(INCLUDING INAGUA, ACKLINS, CROOKED ISLAND, MAYAGUANA, RAGGED ISLAND & ADJACENT WATERS):

SKY CONDITIONS: A mix of sun and clouds becoming partly cloudy
PRECIPITATION: 20-30% chance of showers and isolated thunderstorms.
WINDS: East to southeast at 10 to 15 knots, with occasionally higher gusts.
TEMPERATURES: **MAXIMUM:** **MINIMUM:** **HEAT INDEX:**
 88°F – 95°F / 31°C – 34°C 75°F – 81°F / 24°C – 29°C 100°F – 112°F / 38°C – 45°C

TROPICAL WEATHER OUTLOOK: *Tropical cyclone activity is not expected during the next 7 days.***EXTENDED FORECAST FOR THE BAHAMAS FOR SUNDAY 05TH, JULY 2026.**

SKY CONDITIONS: **Northern and Northwest Bahamas:** Partly cloudy.
Central and Southeast Bahamas: A mix of sun and clouds, becoming partly cloudy at night.
PRECIPITATION: **Northern and Northwest Bahamas:** 30 – 40% chance of showers with thunderstorms.
Central and Southeast Bahamas: 20 – 30% chance of showers with thunderstorms.
WINDS: **Northern and Northwest Bahamas:** Southeast at 10 to 15 knots.
Central and Southeast Bahamas: East to southeast at 15 to 20 knots with higher gusts.
TEMPERATURES: **MAXIMUM:** **MINIMUM:** **HEAT INDEX:**
 88°F – 95°F / 31°C – 34°C 73°F – 81°F / 23°C – 27°C 100°F – 112°F / 38°C – 45°C

EXTENDED FORECAST FOR THE BAHAMAS FOR MONDAY 06TH, JULY 2026.

SKY CONDITIONS: **Northern and Northwest Bahamas:** Partly cloudy.
Central and Southeast Bahamas: Partly sunny and hazy during the day, becoming mainly fair at night.
PRECIPITATION: **Northern and Northwest Bahamas:** 20 – 40% chance of showers with thunderstorms.
Central and Southeast Bahamas: 10 – 20% chance of showers.
WINDS: **Northern and Northwest Bahamas:** Southeast to south at 10 to 15 knots with higher gusts.
Central and Southeast Bahamas: East to southeast at 15 to 20 knots.
TEMPERATURES: **MAXIMUM:** **MINIMUM:** **HEAT INDEX:**
 88°F – 95°F / 31°C – 34°C 73°F – 77°F / 23°C – 25°C 100°F – 112°F / 38°C – 45°C

EXTENDED FORECAST FOR THE BAHAMAS FOR TUESDAY 07TH, JULY 2026.

SKY CONDITIONS: **Northern Bahamas:** Partly cloudy.
Northwest, Central and Southeast Bahamas: Partly to mostly sunny, fair at night.
PRECIPITATION: **All areas:** 20 to 30% chance of showers with thunderstorms.
WINDS: **Northern and Northwest Bahamas:** Southeast at 10 to 15 knots.
Central Bahamas: East at 15 at 20 knots
Southeast Bahamas: East at 15 to 25 knots gusting at times
TEMPERATURES: **MAXIMUM:** **MINIMUM:** **HEAT INDEX:**
 88°F – 95°F / 31°C – 34°C 75°F – 79°F / 24°C – 26°C 100°F – 112°F / 38°C – 45°C

EXTENDED FORECAST FOR THE BAHAMAS FOR WEDNESDAY 8TH, JULY 2026.

SKY CONDITIONS: **All areas:** Partly sunny, fair at night
PRECIPITATION: **All areas:** 10 to 20% chance of showers with thunderstorms.
Northern Bahamas: Southeast to south at 10 to 15 knots occasionally falling to 10 knots or less.
WINDS: **Northwest Bahamas:** Southeast at 10 to 15 knots with higher gusts.
Central Bahamas: East at 15 at 20 knots
Southeast Bahamas: East at 15 to 25 knots gusting at times
TEMPERATURES: **MAXIMUM:** **MINIMUM:** **HEAT INDEX:**
 88°F – 95°F / 31°C – 34°C 75°F – 79°F / 24°C – 26°C 100°F – 112°F / 38°C – 45°C



EXTENDED FORECAST FOR THE BAHAMAS FOR THURSDAY 9TH JULY, 2026.

SKY CONDITIONS: Northern and Northwest Bahamas: A mix of sun and clouds, fair at night.
 Central and Southeast Bahamas: Partly cloudy

PRECIPITATION: All areas: 20 to 40% chance of showers with thunderstorms.

WINDS: Northern Bahamas: Southeast to south at 10 to 15 knots, falling light and variable at times.
 Northwest Bahamas: Southeasterly at 10 to 15 knots increasing to 15 to 20 knots at night.
 Central and Southeast Bahamas: East to southeast at 15 to 25 knots with gusts to near gale in the Southeast Bahamas at night.

TEMPERATURES: **MAXIMUM:** **MINIMUM:** **HEAT INDEX:**
 88°F – 95°F / 31°C – 34°C 75°F – 79°F / 24°C – 26°C 100°F – 112°F / 38°C – 45°C

EXTENDED FORECAST FOR THE BAHAMAS FOR FRIDAY 10TH JULY, 2026:

SKY CONDITIONS: All areas: Partly cloudy.

PRECIPITATION: Northern and Northwest Bahamas: 30 to 50% chance of showers with thunderstorms.
 Elsewhere: 20 to 40% chance of showers with thunderstorms.

WINDS: Northern and Northwest Bahamas: Southeast to south at 10 to 15 knots, falling light and variable at times.
 Central Bahamas: Southeasterly at 15 knots with higher gusts.
 Southeast Bahamas: Southeasterly at 15 to 20 knots, with higher gusts.

TEMPERATURES: **MAXIMUM:** **MINIMUM:** **HEAT INDEX:**
 88°F – 95°F / 31°C – 34°C 75°F – 79°F / 24°C – 26°C 100°F – 112°F / 38°C – 45°C

SUNRISE:	SUNSET:	MOONSET:	MOONRISE:
06:25 AM	08:02 PM	10:23 A.M.	11:18 P.M.

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