



BAHAMAS MARINE FORECAST

MARINE FORECASTS FOR THE BAHAMAS FOR THE NEXT 24 HOURS ISSUED BY THE BAHAMAS DEPARTMENT OF METEOROLOGY AT 6:00 A.M. EDT, Friday, July 31, 2026. THE NEXT SCHEDULED FORECAST WILL BE ISSUED AT 12:00 P.M. EDT.

Rip Currents: There is a slight to moderate risk of rip currents for the Atlantic coastal waters of the Bahamas archipelago and east and southeast sheltered coastal waters of parts of the Central and the entire Southeast Bahamas. *Swimmers ought not to venture into waters where they cannot comfortably stand.*

WARNINGS: *Marine Heat Advisory:* Mariners are advised that heat indices around or above 105°F/40.5°C are expected across the waters of The Bahamas. Prolonged exposure to the sun and hot conditions may increase the risk of heat-related illnesses. Stay hydrated, limit strenuous activity, seek shade when possible, and monitor crew members and passengers for signs of heat stress.

A moist unstable air mass associated with a northern frontal boundary coupled with a mid-level trough is maintaining unsettled weather in the Northern and parts of the Northwest Bahamas today. A broad ridge of high pressure along with Saharan Dust is generating a hot and humid atmosphere across the remainder of the country. Gentle to moderate breeze and slight seas will be felt in the Northern and Northwest parts of the country, while, moderate to fresh breezes and moderate seas in the Central and Southeast areas.

GENERAL SITUATION:

Outlook: By Saturday, unsettled weather will gradually decrease as the trough lifts north of the Bahamas. High pressure will then rebuild across the country on Sunday, bringing more stable weather. Early next week, however, troughing over Florida along with a tropical wave approaching from the east may bring another increase in showers and thunderstorms, with the greatest chance of unsettled weather expected by Tuesday.

NORTHERN BAHAMAS
(INCLUDING GRAND BAHAMA, ABACO, BIMINI & ADJACENT WATERS):

ADVISORY: *Gusty winds and higher seas can be expected during heavy shower and thunderstorms.*
WINDS: South to southwest at 10 knots or less.
LOCAL SEAS: Less than 2 feet in sheltered areas and 2 to 4 feet for open and Atlantic exposures.
GULF STREAM: Wind – Southwest at 5 to 10 knots, Seas – Around 2 feet, Intracoastal waters – Light chop.
SWELLS: No significant swells.
WEATHER: 30 to 50% chance of widely scattered showers and isolated thunderstorms

NORTHWEST BAHAMAS
(INCLUDING NEW PROVIDENCE, ANDROS, THE BERRY ISLANDS, ELEUTHERA & ADJACENT WATERS):

ADVISORY: *Gusty winds and higher seas can be expected during heavy shower and thunderstorms.*
WINDS: Southeast to south at 10 knots or less.
LOCAL SEAS: Less than 2 feet in sheltered areas and 2 to 4 feet for open and Atlantic exposures.
SWELLS: No significant swells.
WEATHER: 20 to 40% chance of isolated showers and thunderstorms.

CENTRAL BAHAMAS
(INCLUDING EXUMA, CAT ISLAND, LONG ISLAND, SAN SALVADOR, RUM CAY & ADJACENT WATERS):

ADVISORY: *Gusty winds and higher seas can be expected during heavy shower and thunderstorms.*
WINDS: Southeasterly at 10 to 15 knots, falling light and variable at times.
LOCAL SEAS: 2 feet or less in nearshore and open waters, 3 to 5 feet in open and Atlantic waters.
SWELLS: Slight easterly swells along Atlantic exposures.
WEATHER: 10 to 20% chance of isolated showers or a thunderstorm



SOUTHEAST BAHAMAS
(INCLUDING INAGUA, ACKLINS, CROOKED ISLAND, MAYAGUANA, RAGGED ISLAND & ADJACENT WATERS):

ADVISORY: A **small craft advisory** is in effect for the Atlantic waters.
WINDS: East to southeast at 15 to 20 knots, with higher gusts.
LOCAL SEAS: 2 to 4 feet nearshore waters, 3 to 5 feet in open waters, 5 to 7 feet in Atlantic waters.
SWELLS: Slight easterly swells in open waters, building to moderate along Atlantic exposures.
WEATHER: 10% chance of isolated showers

MOONSET: 8:19 AM **MOONRISE:** 9:21 PM
MOON PHASE
FULL MOON
THIRD QUARTER 5TH, AUGUST 10:21 PM

ISLAND TIDES:	NORTHERN (GRAND BAHAMA):	NORTHWEST (NEW PROVIDENCE):	CENTRAL (EXUMA):	SOUTHEAST (INAGUA):
HIGH TIDE:	10:06 AM	9:42 AM	10:37 AM	10:31 AM
LOW TIDE:	4:15 PM	3:45 PM	4:34 PM	4:07 PM
HIGH TIDE:	10:39 PM	10:16 PM	11:30 PM	10:31 PM
(For specific times for other islands, please see Tide Table Publication .)				

TROPICAL WEATHER OUTLOOK: Tropical cyclone activity is not expected during the next 7 days.

EXTENDED FORECAST FOR THE BAHAMAS FOR SATURDAY 1ST AUGUST, 2026.

ADVISORY: Southeast Bahamas: A **small craft advisory** is in effect.
Elsewhere: A **small craft caution** is in effect.

WINDS: Northern Bahamas: South to southwest at 10 to 15 knots, shifting southeast to south at 10 to 15 knots by nightfall.
Northwest Bahamas: Southeast at 10 to 15 knots.
Central Southeast Bahamas: East to southeast at 15 to 20 knots, increasing 15 to 25 knots in the Southeast Bahamas by the afternoon hours.

SEAS: Southeast Bahamas: 2 to 4 feet nearshore waters, 3 to 5 feet in open waters, 5 to 7 feet in Atlantic waters.
Elsewhere: 2 feet or less in nearshore and open waters, 3 to 5 feet in open and Atlantic waters.

SWELLS: Southeast Bahamas: Slight easterly swells in open waters, building to moderate along Atlantic exposures.
Elsewhere: Slight easterly swells along Atlantic exposures.

WEATHER: Northern Bahamas: 30 to 50% chance of showers with thunderstorms, decreasing to 20 to 30% by the night hours.
Northwest Bahamas: 20 to 30% chance of showers and isolated thunderstorms.



BAHMET 23/7A

EXTENDED FORECAST FOR THE BAHAMAS FOR SUNDAY 2ND AUGUST 2026.

ADVISORY: Central and Southeast: A **small craft caution** is in effect.
Northern and Northwest Bahamas: Gusty winds and higher seas in or near showers and thunderstorms.

WINDS: Northern and Northwest Bahamas: Southeasterly at 10 to 15 knots.
Central and Southeast Bahamas: East to southeast at 15 to 20 knots.

SEAS: Northern and Northwest Bahamas: Less than 2 feet in sheltered areas and 2 to 4 feet for open and Atlantic exposures.
Central Bahamas: 2 feet or less in nearshore and open waters, 3 to 5 feet in open and Atlantic waters.
Southeast Bahamas: 2 to 4 feet nearshore waters, 4 to 6 feet in open waters and Atlantic exposures.

SWELLS: Southeast Bahamas: Slight easterly swells in open waters, building to moderate along Atlantic exposures.
Elsewhere: Slight easterly swells along Atlantic exposures.

WEATHER: Northern, Northwest and Central Bahamas: 20 to 30% chance of showers with thunderstorms.
Southeast Bahamas: 10 to 20% chance of showers with possible thunderstorms.

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