



## BAHAMAS MARINE FORECAST

MARINE FORECASTS FOR THE BAHAMAS FOR THE NEXT 24 HOURS ISSUED BY THE BAHAMAS DEPARTMENT OF METEOROLOGY AT 6:00 A.M. EDT, Thursday, March 19, 2026. THE NEXT SCHEDULED FORECAST WILL BE ISSUED AT 12:00 P.M. EDT.

<b>WARNINGS:</b>	<p><i>There is a <b>near-gale watch (28 – 33 knots) in effect for the Northern Bahamas.</b> Near-gale winds gusts are possible across the Northern Bahamas today. Mariners, especially small craft mariners, are advised to seek safe harbour and remain in port.</i></p> <p><i>Mariners are urged to exercise extreme caution as they navigate shallow waters during low tides, as there is an increased risk of running aground.</i></p> <p><b>Thunderstorm Activity/ Severe Weather Potential:</b> There is a <b>moderate</b> risk of severe <b>thunderstorm activity</b> mainly across the <b>Central and Southeast Bahamas</b> through Friday. The public is urged to keep updated on all severe weather warnings issued by the Bahamas Department of Meteorology.</p> <p><b>Rip Currents:</b> There is a <b>moderate</b> to <b>high risk</b> of rip currents for the <b>Atlantic waters</b> of the island chain and the sheltered waters of the <b>Northern and Northwest Bahamas.</b> <i>Swimmers in these areas are advised not to enter these waters.</i> There is a <b>slight</b> to <b>moderate risk</b> of rip currents elsewhere across the island chain. <i>Beachgoers should continue to exercise caution.</i></p>
<b>GENERAL SITUATION:</b>	<p>Widespread showers, rain and isolated thunderstorms will continue over the southern half of the country courtesy of a quasi-stationary front just south of the capital along with a prefrontal trough across the Southeast Bahamas. An eastward moving upper level trough will nudge the frontal boundary further southward allowing for improving weather conditions over the northern half of The Bahamas.</p> <p><b>Outlook:</b> Showers and thunderstorm activity will continue to shift southward, as the frontal boundary and trough progressively exits the Southeast Bahamas late Friday evening into early Saturday morning. Rough seas and strong winds are expected to persist through the weekend. A drier weather pattern will filter across the Northern half of the country due to high pressure ridging building eastward from the Gulf Saturday into the new work week. Another cold front may move near the Northern Bahamas on Wednesday with fresh to locally strong winds and enhance chance for showers.</p>

<b>NORTHERN BAHAMAS</b> (INCLUDING GRAND BAHAMA, ABACO, BIMINI & ADJACENT WATERS):	
<b>ADVISORY:</b>	<i>There is a <b>NEAR-GALE WATCH</b> in effect. There is a <b>small craft advisory</b> in effect for all area waters.</i>
<b>WINDS:</b>	North to northeast at 20 to 25 knots with gust to near gale force likely.
<b>LOCAL SEAS:</b>	3 feet or less in sheltered waters, 5 to 7 feet in open waters and 8 to 10 feet in Atlantic waters
<b>GULF STREAM:</b>	7 to 10 feet.
<b>SWELLS:</b>	Moderate to large easterly swells in Atlantic waters.
<b>WEATHER:</b>	20% chance of showers.

<b>NORTHWEST BAHAMAS</b> (INCLUDING NEW PROVIDENCE, ANDROS, THE BERRY ISLANDS, ELEUTHERA & ADJACENT WATERS):	
<b>ADVISORY:</b>	<i>There is a <b>NEAR-GALE WATCH</b> in effect. There is a <b>small craft advisory</b> in effect for all area waters.</i>
<b>WINDS:</b>	North to northeast at 15 to 25 knots.
<b>LOCAL SEAS:</b>	3 feet or less in sheltered waters, 5 to 8 feet in the Northeast Providence Channel, 10 feet in Atlantic waters.
<b>SWELLS:</b>	Moderate to large easterly swells in Atlantic waters.
<b>WEATHER:</b>	20 to 40% chance of rain showers during early morning hours, decreasing 20 to 30% by midday.



<b>CENTRAL BAHAMAS</b> (INCLUDING EXUMA, CAT ISLAND, LONG ISLAND, SAN SALVADOR, RUM CAY & ADJACENT WATERS):	
<b>ADVISORY:</b>	<i>There is a <b>small craft advisory</b> in effect for all area waters.</i>
<b>WINDS:</b>	Southwest to west at 10 knots or less ahead of the front but North to northeast at 10 to 15 knots behind the front.
<b>LOCAL SEAS:</b>	3 feet or less in nearshore waters, 2 to 4 feet in open waters, 6 to 8 feet in Atlantic waters.
<b>SWELLS:</b>	Moderate to large easterly swells in Atlantic waters.
<b>WEATHER:</b>	40 to 60% chance of rain showers with the chance of isolated thunderstorms.

<b>SOUTHEAST BAHAMAS</b> (INCLUDING INAGUA, ACKLINS, CROOKED ISLAND, MAYAGUANA, RAGGED ISLAND & ADJACENT WATERS):	
<b>ADVISORY:</b>	<i>There is a <b>small craft advisory</b> in effect for all area waters.</i>
<b>WINDS:</b>	Northerly at 10 to 15 knots, falling light and variable at times.
<b>LOCAL SEAS:</b>	3 feet or less in sheltered waters, 4 to 6 feet in open waters, 6 to 9 feet in Atlantic waters.
<b>SWELLS:</b>	Moderate to large easterly swells in Atlantic waters.
<b>WEATHER:</b>	40 to 60% chance of rain showers with thunderstorms.

<b>MOONRISE:</b>	<b>MOONSET:</b>
07:27 AM	08:11 PM

ISLAND TIDES:	NORTHERN (GRAND BAHAMA):	NORTHWEST (NEW PROVIDENCE):	CENTRAL (EXUMA):	SOUTHEAST (INAGUA):
HIGH TIDE:	08:52 A.M.	08:43 A.M.	08:45 A.M.	08:59 A.M.
LOW TIDE:	02:58 P.M.	02:17 P.M.	02:49 P.M.	03:18 P.M.

*(For specific times for other islands, please see [Tide Table Publication](#).)*

<b>EXTENDED FORECAST FOR THE BAHAMAS FOR: FRIDAY 20<sup>TH</sup> MARCH, 2026.</b>	
<b>ADVISORY:</b>	<i>There is a <b>small craft advisory</b> in effect for the Atlantic waters of the island chain, as well as the sheltered waters of the Northwest, Central and Southeast Bahamas.</i>
<b>WINDS:</b>	<b>Northern, Northwest and Central Bahamas:</b> North to Northeast at 15 to 20 knots with higher gusts <b>Southeast Bahamas:</b> Variable at less than 10 knots or less, becoming west to northwest at 10 to 15 knots by afternoon hours.
<b>SEAS:</b>	<b>Northwest and Central Bahamas:</b> 3 feet or less in sheltered waters, 5 to 7 feet in open waters, 7 to 9 feet in Atlantic waters. <b>Elsewhere:</b> 3 feet or less in sheltered waters, 4 to 6 feet in open waters, 7 to 9 feet in Atlantic waters.
<b>WEATHER:</b>	<b>Northern and Northwest Bahamas:</b> 20 to 30% chance of showers or an isolated thunderstorm <b>Central and Southeast Bahamas:</b> 30 to 60% chance of showers with thunderstorms.

<b>EXTENDED FORECAST FOR THE BAHAMAS FOR: SATURDAY 21<sup>ST</sup> MARCH, 2026.</b>	
<b>ADVISORY:</b>	<i>There is a <b>small craft advisory</b> in effect for the Atlantic waters of the island chain, as well as the sheltered waters of the Northwest, Central and Southeast Bahamas.</i>
<b>WINDS:</b>	<b>Northern, Northwest and Central Bahamas:</b> Northeasterly at 10 to 15 knots with higher gusts <b>Southeast Bahamas:</b> North to northeast at 15 to 20 knots with higher gusts, decreasing to 10 to 15 knots.
<b>SEAS:</b>	<b>Northern Bahamas:</b> 3 feet or less in nearshore waters, 2 to 4 feet in open waters, 8 to 11 feet in Atlantic waters <b>Northwest, Central and Southeast Bahamas:</b> 3 feet or less in sheltered waters, 5 to 7 feet in open waters, 7 to 11 feet in Atlantic waters.
<b>WEATHER:</b>	<b>All areas:</b> 10 to 30% chance of showers and the chance of isolated thunderstorms mainly in the Southeastern Bahamas.



BAHMET 23/7A

**THE BAHAMAS DEPARTMENT OF METEOROLOGY**

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