



### BAHAMAS MARINE FORECAST

MARINE FORECASTS FOR THE BAHAMAS ISSUED BY THE BAHAMAS DEPARTMENT OF METEOROLOGY AT 6:00 P.M. EDT MONDAY, JUNE 29TH, 2026, FOR THE NEXT 24 HOURS. THE NEXT SCHEDULED FORECASTS WILL BE ISSUED AT 6:00 A.M. EDT.

**Rip Currents:** A slight to moderate risk of rip currents exists along Atlantic-exposed coastlines of the island chain. Beachgoers are urged to exercise caution when entering the water.

**WARNINGS:**

**Marine Heat Advisory:** Mariners are advised that very high to extreme heat indices are expected across the waters of The Bahamas. Prolonged exposure to the sun and hot conditions may increase the risk of heat-related illnesses. Stay hydrated, limit strenuous activity, seek shade when possible, and monitor crew members for signs of heat stress.

Broad high pressure will maintain generally favorable marine conditions across the island chain. Meanwhile, pockets of low-level moisture will continue to produce a few passing showers and isolated thunderstorms over the northern portions of the country. Farther south, a tropical wave interacting with a surface trough east of the archipelago will support additional showers and isolated thunderstorms over the Southeast Bahamas as it continues to move westward.

**GENERAL SITUATION:**

**OUTLOOK:** By late Tuesday, a late-season frontal boundary will increase shower and thunderstorm chances across the Northern Bahamas through Wednesday. A moderate plume of Saharan dust may limit thunderstorm development across the Southeast Bahamas. Expect locally higher winds, rough seas, frequent lightning, and reduced visibility in and near thunderstorms.

#### NORTHERN BAHAMAS

(INCLUDING GRAND BAHAMA, ABACO, BIMINI & ADJACENT WATERS):

- ADVISORY:** *Expect gusty winds and higher seas in or near heavy showers and thunderstorms.*
- WINDS:** East to southeast at 10 knots or less, falling light and variable at times.
- LOCAL SEAS:** 2 feet or less in nearshore and offshore sheltered waters, and 3 feet or less in Atlantic-exposed waters.
- GULF STREAM:** Seas less than 2 feet or less.
- SWELLS:** Slight southeasterly swells over Atlantic-exposed waters.
- WEATHER:** 10-20% chance of showers or an isolated thunderstorm.

#### NORTHWEST BAHAMAS

(INCLUDING NEW PROVIDENCE, ANDROS, THE BERRY ISLANDS, ELEUTHERA & ADJACENT WATERS):

- ADVISORY:** *Expect gusty winds and higher seas in or near heavy showers and thunderstorms.*
- WINDS:** East to southeast at 10 knots or less, falling light and variable at times.
- LOCAL SEAS:** 2 feet or less in nearshore and offshore sheltered waters, and 3 feet or less in Atlantic-exposed waters.
- SWELLS:** Slight southeasterly swells over Atlantic-exposed waters.
- WEATHER:** 10-20% chance of showers or an isolated thunderstorm.

#### CENTRAL BAHAMAS

(INCLUDING EXUMA, CAT ISLAND, LONG ISLAND, SAN SALVADOR, RUM CAY & ADJACENT WATERS):

- ADVISORY:** *Expect gusty winds and higher seas in or near heavy showers and thunderstorms.*



**WINDS:** Easterly at 10 to 15 knots, falling light and variable at times.  
**LOCAL SEAS:** 2 feet or less in nearshore and offshore sheltered waters, and 3 feet or less in Atlantic-exposed waters.  
**SWELLS:** Slight easterly swells over Atlantic-exposed waters.  
**WEATHER:** 20-30% chance of showers with isolated thunderstorms.

**SOUTHEAST BAHAMAS**  
 (INCLUDING INAGUA, ACKLINS, CROOKED ISLAND, MAYAGUANA, RAGGED ISLAND & ADJACENT WATERS):

**ADVISORY:** A *small craft caution* is in effect for Atlantic-exposed waters. *Expect gusty winds and higher seas in or near heavy showers and thunderstorms.*  
**WINDS:** East to southeast at 10 to 15 knots, falling light and variable at times.  
**LOCAL SEAS:** 2 feet or less nearshore waters, 2 to 4 feet offshore sheltered waters, and 3 to 5 feet in Atlantic-exposed waters.  
**SWELLS:** Slight easterly swells over Atlantic-exposed waters.  
**WEATHER:** 20-30% chance of showers with isolated thunderstorms.

<b>MOONRISE:</b>	<b>MOONSET:</b>
8:56 PM	7:11 AM TUE.
<b>Moon Phase</b>	
<b>FULL MOON</b>	
<b>Third Quarter, on Tuesday, July 7, 2026, at 3:29 PM</b>	

<b>ISLAND TIDES:</b>	<b>NORTHERN</b> (GRAND BAHAMA):	<b>NORTHWEST</b> (NEW PROVIDENCE):	<b>CENTRAL</b> (EXUMA):	<b>SOUTHEAST</b> (INAGUA):
<b>HIGH TIDE:</b>	8:59 PM	8:35 PM	8:37 PM	8:51 PM
<b>LOW TIDE:</b>	3:36 AM TUE.	3:06 AM TUE.	2:59 AM TUE.	3:28 AM TUE.

*(For specific times for other islands, please see Tide Table Publication.)*

**TROPICAL WEATHER OUTLOOK:**  
**Offshore of the Southeastern U.S. Coast:** Disorganized showers and thunderstorms located off the southeastern U.S. coast are associated with an area of low pressure along a frontal boundary. Environmental conditions appear only marginally favorable for some tropical development over the next day or two. This system has a low 10 percent (10%) chance of formation through the next 7 days.

**EXTENDED FORECAST FOR THE BAHAMAS FOR WEDNESDAY, JULY 01ST, 2026:**

<b>ADVISORY:</b>	A <i>small craft caution</i> is in effect for Atlantic-exposed waters across the Southeast Bahamas. <i>Expect gusty winds and higher seas in or near heavy showers and thunderstorms.</i>
	<b>Northern &amp; Northwest Bahamas:</b> Variable at 10 knots or less.
<b>WINDS:</b>	<b>Central Bahamas:</b> East to southeast at 10 knots or less, falling light and variable at times during the day, increasing to 10 to 15 knots by nightfall.
	<b>Southeast Bahamas:</b> East to southeast at 10 to 15 knots with higher gusts.
	<b>Northern Bahamas:</b> 2 feet or less in nearshore and offshore sheltered waters, and 3 feet or less in Atlantic-exposed waters.
	<b>Northwest &amp; Central Bahamas:</b> 2 feet or less in nearshore and offshore sheltered waters, and 2 to 4 feet in Atlantic-exposed waters.
<b>SEAS:</b>	<b>Southeast Bahamas:</b> 2 feet or less nearshore waters, 2 to 4 feet offshore sheltered waters, and 3 to 5 feet in Atlantic-exposed waters.
	<b>Gulf Stream:</b> Seas 2 to 3 feet.
<b>SWELLS:</b>	<b>All Areas:</b> Slight easterly swells over Atlantic-exposed waters.
<b>WEATHER:</b>	<b>All Areas:</b> 30-40% chance of showers with thunderstorms.

**EXTENDED FORECAST FOR THE BAHAMAS FOR THURSDAY, JULY 02ND, 2026:**

<b>ADVISORY:</b>	A <i>small craft caution</i> is in effect for Atlantic-exposed waters across the Southeast Bahamas. <i>Expect gusty winds and higher seas in or near heavy showers and thunderstorms.</i>
	<b>Northern Bahamas:</b> Southeast to south at 10 knots or less, falling light and variable at times.
<b>WINDS:</b>	<b>Northwest Bahamas:</b> Southeast to south at 10 to 15 knots, falling light and variable at times.
	<b>Central Bahamas:</b> East to southeast at 10 to 15 knots with higher gusts.
	<b>Southeast Bahamas:</b> East to southeast at 15 to 20 knots with higher gusts.
	<b>Northern, Northwest &amp; Central Bahamas:</b> 2 feet or less in nearshore and offshore sheltered waters, and 2 to 4 feet in Atlantic-exposed waters.
<b>SEAS:</b>	<b>Southeast Bahamas:</b> 2 feet or less nearshore waters, 2 to 4 feet offshore sheltered waters, and 4 to 6 feet in Atlantic-exposed waters.
	<b>Gulf Stream:</b> Seas 2 to 3 feet.
	<b>Northern, Northwest &amp; Central Bahamas:</b> Slight northeasterly swells over Atlantic-exposed waters.
<b>SWELLS:</b>	<b>Southeast Bahamas:</b> Slight to moderate northeast to easterly swells over Atlantic-exposed waters.
	<b>Northern &amp; Northwest Bahamas:</b> 20-40% chance of showers with isolated thunderstorms.
<b>WEATHER:</b>	<b>Central &amp; Southeast Bahamas:</b> 10-30% chance of showers or an isolated thunderstorm.

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FORECASTER: TC/TT

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