



BAHAMAS MARINE FORECAST

MARINE FORECASTS FOR THE BAHAMAS ISSUED BY THE BAHAMAS DEPARTMENT OF METEOROLOGY AT 6:00 P.M. EDT SUNDAY, MARCH 29TH, 2026, FOR THE NEXT 24 HOURS. THE NEXT SCHEDULED FORECASTS WILL BE ISSUED AT 6:00 A.M. EDT.

A **Near Gale Warning (28 – 33 knots)** is now in effect for the **entire Bahamas**. Strong winds with occasional gusts to near-gale force, are likely across the island chain through noon Thursday. **Boaters, especially small craft operators, are urged to seek safe shelter and remain in port.**

WARNINGS:

Rip Currents and Rough Surf: A **high risk** of dangerous, life-threatening rip currents and rough surf exists along all area waters of the island chain. **Beachgoers and swimmers should avoid entering the water along all windward and Atlantic-exposed shorelines, while mariners, especially small craft operators, should refrain from venturing far from port.**

A cold front moving through the island chain will support periods of cloudiness and showers as it progresses southward. In the wake of the front, strong northeast to easterly winds with occasional gusts to near gale-force will spread across the island chain, resulting in rapidly building seas and hazardous boating and beaching conditions.

GENERAL SITUATION:

OUTLOOK: Fresh to strong breezes, with occasional gusts to near gale force, will persist across the area, maintaining rough to very rough seas along Atlantic-exposed coastlines and in open passages. Although winds will gradually diminish, hazardous marine conditions may linger due to persistent northeasterly swell. Meanwhile, brisk easterly flow will continue to carry Atlantic moisture across the area, supporting brief passing showers at times throughout the work week.

NORTHERN BAHAMAS

(INCLUDING GRAND BAHAMA, ABACO, BIMINI & ADJACENT WATERS):

ADVISORY:	A Near Gale Warning (28 to 33 knots) is in effect. Boaters, especially small craft, are urged to remain in port.
WINDS:	Northeast to east at 20 to 25 knots with occasional gusts to near gale force likely.
LOCAL SEAS:	3 to 5 feet nearshore waters, 6 to 9 feet offshore sheltered waters, and 9 to 13 feet in Atlantic-exposed waters.
GULF STREAM:	Seas 8 to 11 feet, occasionally to 14 feet; seas 7 to 10 feet, occasionally to 13 feet, subsiding to 6 to 8 feet, occasionally to 10 feet Monday afternoon.
SWELLS:	Large northeast to easterly swells over Atlantic-exposed waters.
WEATHER:	30-40% chance of showers with isolated thunderstorms through tonight; 10-20% chance of showers on Monday.

NORTHWEST BAHAMAS

(INCLUDING NEW PROVIDENCE, ANDROS, THE BERRY ISLANDS, ELEUTHERA & ADJACENT WATERS):

ADVISORY:	A Near Gale Warning (28 to 33 knots) is in effect. Boaters, especially small craft, are urged to remain in port.
WINDS:	Northeast to east at 15 to 25 knots with occasional gusts to near gale force likely.
LOCAL SEAS:	3 to 5 feet nearshore waters, 6 to 8 feet offshore sheltered waters, and 9 to 13 feet in Atlantic-exposed waters.
SWELLS:	Large northeast to easterly swells over Atlantic-exposed waters.
WEATHER:	30-50% chance of showers with isolated thunderstorms tonight; 20-30% chance of showers on Monday.

CENTRAL BAHAMAS

(INCLUDING EXUMA, CAT ISLAND, LONG ISLAND, SAN SALVADOR, RUM CAY & ADJACENT WATERS):

ADVISORY:	A Near Gale Warning (28 to 33 knots) is in effect. Boaters, especially small craft, are urged to remain in port.
WINDS:	Northeast to east at 15 to 25 knots with occasional gusts to near gale force likely.
LOCAL SEAS:	3 to 5 feet nearshore waters, 5 to 7 feet offshore sheltered waters, and 6 to 9 feet, building up to 13 feet in Atlantic-exposed waters Monday.
SWELLS:	Large north to northeasterly swells over Atlantic-exposed waters.
WEATHER:	20-30% chance of showers or an isolated thunderstorm.

SOUTHEAST BAHAMAS

(INCLUDING INAGUA, ACKLINS, CROOKED ISLAND, MAYAGUANA, RAGGED ISLAND & ADJACENT WATERS):

ADVISORY:	A Near Gale Warning (28 to 33 knots) is in effect. Boaters, especially small craft, are urged to remain in port.
WINDS:	Northeast to east at 15 to 25 knots with occasional gusts to near gale force likely.
LOCAL SEAS:	3 to 5 feet nearshore waters, 5 to 7 feet offshore sheltered waters, and 6 to 9 feet, building up to 13 feet in Atlantic-exposed waters Monday.
SWELLS:	Large north to northeasterly swells over Atlantic-exposed waters.
WEATHER:	20-30% chance of showers or an isolated thunderstorm.



MOONSET:	MOONRISE:
5:32 AM MON.	5:27 PM MON.
Moon Phase FIRST QUARTER	
Full Moon, on Wednesday, April 1, 2026, at 10:11 PM	

ISLAND TIDES:	NORTHERN (GRAND BAHAMA):	NORTHWEST (NEW PROVIDENCE):	CENTRAL (EXUMA):	SOUTHEAST (INAGUA):
HIGH TIDE:	6:42 PM	6:18 PM	6:20 PM	6:34 PM
LOW TIDE:	1:00 AM MON.	12:30 AM MON.	12:23 AM MON.	12:52 AM MON.

(For specific times for other islands, please see Tide Table Publication.)

EXTENDED FORECAST FOR THE BAHAMAS FOR TUESDAY, MARCH 31ST, 2026:

ADVISORY:

A **Near Gale Warning (28 to 33 knots)** remains in effect for the **Central and Southeast Bahamas**. A **small craft advisory** is in effect for Atlantic-exposed waters of the **Northern and Northwest Bahamas**. **Mariners, especially small craft operators, are urged to remain in port across the Central and Southeast Bahamas, and to exercise caution by not venturing far from port across the Northern and Northwest Bahamas.**

WINDS:

Northern & Northwest Bahamas: Easterly at 15 to 20 knots with occasional gusts to near gale force.
Central & Southeast Bahamas: Northeast to east at 20 to 25 knots with gusts to near gale force likely.

SEAS:

Northern & Northwest Bahamas: 3 to 5 feet nearshore waters, 5 to 7 feet offshore sheltered waters, and 7 to 11 feet in Atlantic-exposed waters.
Central & Southeast Bahamas: 3 to 5 feet nearshore waters, 6 to 8 feet offshore sheltered waters, and 9 to 12 feet in Atlantic-exposed waters.

SWELLS:

Gulf Stream: Seas 5 to 7 feet, occasionally to 9 feet; seas 4 to 6 feet, occasionally to 8 feet Tuesday night.
Northern & Northwest Bahamas: Moderate to large northeast to easterly swells over Atlantic-exposed waters.

WEATHER:

Central & Southeast Bahamas: Large northeast to easterly swells over Atlantic-exposed waters.
All Areas: 20-30% chance of showers or an isolated thunderstorm.

EXTENDED FORECAST FOR THE BAHAMAS FOR WEDNESDAY, APRIL 1ST, 2026:

ADVISORY:

A **Near Gale Warning (28 to 33 knots)** remains in effect for the **Central and Southeast Bahamas**. A **small craft advisory** is in effect for Atlantic-exposed waters of the **Northern and Northwest Bahamas**. **Mariners, especially small craft operators, are urged to remain in port across the Central and Southeast Bahamas, and to exercise caution by not venturing far from port across the Northern and Northwest Bahamas.**

WINDS:

Northern & Northwest Bahamas: Northeast to east at 15 to 20 knots with higher gusts.
Central & Southeast Bahamas: Northeast to east at 15 to 25 knots with gusts to near gale force likely.

SEAS:

Northern & Northwest Bahamas: 2 to 4 feet nearshore waters, 4 to 6 feet offshore sheltered waters, and 6 to 9 feet in Atlantic-exposed waters.
Central & Southeast Bahamas: 2 to 4 feet nearshore waters, 5 to 7 feet offshore sheltered waters, and 7 to 11 feet in Atlantic-exposed waters.

SWELLS:

Gulf Stream: Seas 4 to 6 feet, occasionally to 8 feet.
Northern & Northwest Bahamas: Moderate to large easterly swells over Atlantic-exposed waters.
Central & Southeast Bahamas: Large northeast to easterly swells over Atlantic-exposed waters.

WEATHER:

All Areas: 10-20% chance of showers.

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FORECASTER: TC/TT

(Please view our products on our Bahamas Meteorology Facebook Page or our website, met.gov.bs.)