



BAHAMAS MARINE FORECAST

MARINE FORECASTS FOR THE BAHAMAS ISSUED BY THE BAHAMAS DEPARTMENT OF METEOROLOGY AT 12:00 P.M. EDT TUESDAY JULY 21, 2026, FOR THE NEXT 24 HOURS. THE NEXT SCHEDULED FORECASTS WILL BE ISSUED AT 6:00 P.M. EDT.

There is a **moderate** risk of rip currents for the Atlantic and east and southeast coastal waters of the Bahamas archipelago. **Swimmers ought not to venture into waters where they cannot comfortably stand.**

Rough surf conditions will affect the waters of the island chain through mid-week.

--Marine Heat Advisory--

WARNINGS:

Marine Heat Advisory: Mariners are advised that **high heat indices** (above 105°F/40.5°C) are expected across the waters of The Bahamas. Prolonged exposure to the sun and hot conditions may increase the risk of heat-related illnesses. Stay hydrated, limit strenuous activity, seek shade when possible, and monitor crew members and passengers for signs of heat stress.

Northern and Northwest Bahamas: Thunderstorms in the area can become strong-to-severe at times; waterspout activity is possible.

--Saharan Dust--

Light Saharan dust suspended in the atmosphere will continue to drift northwest across the islands through midweek, resulting in slightly hazy conditions, but no major reduction in visibility.

GENERAL SITUATION:

The pressure gradient across the islands will remain tightened through Wednesday generating moderate to fresh winds through mid-week; however as Tropical Storm Bertha weakens over the northern Gulf of Mexico, winds are expected to decrease through the end of the week. Weak ridging across the island chain will shift northward overnight ahead of an approaching westward-moving trough. The trough is forecast to reach the Southeast Bahamas by late Wednesday; the Central Bahamas overnight on Wednesday into early Thursday; and the Northwest and Northern Bahamas early Thursday, increasing cloudiness and supporting pockets of isolated convection across the islands.

NORTHERN BAHAMAS

(INCLUDING GRAND BAHAMA, ABACO, BIMINI & ADJACENT WATERS):

ADVISORY:	--No advisory--
WINDS:	Southeast at 10 to 15 knots, with occasional higher gusts.
LOCAL SEAS:	2 to 4 feet on the sheltered waters and 3 to 5 feet on the Atlantic waters.
SWELLS:	No significant swells on the Atlantic waters.
WEATHER:	Isolated showers with the chance of a few thunderstorms.

NORTHWEST BAHAMAS

(INCLUDING NEW PROVIDENCE, ANDROS, THE BERRY ISLANDS, ELEUTHERA & ADJACENT WATERS):

ADVISORY:	--No advisory--
WINDS:	East-southeast at 10 to 15 knots, with occasional higher gusts.
LOCAL SEAS:	2 to 4 feet on the sheltered waters and 3 to 5 feet on the Atlantic waters.
SWELLS:	No significant swells on the Atlantic waters.
WEATHER:	Isolated showers with the chance of a thunderstorm.



CENTRAL BAHAMAS
(INCLUDING EXUMA, CAT ISLAND, LONG ISLAND, SAN SALVADOR, RUM CAY & ADJACENT WATERS):

ADVISORY: --No advisory--
WINDS: East at 10 to 15 knots, with occasional higher gusts.
LOCAL SEAS: 2 to 4 feet on the sheltered waters and 3 to 5 feet on the Atlantic waters.
SWELLS: No significant swells on the Atlantic waters.
WEATHER: Few isolated showers with the slight chance of a thunderstorm.

SOUTHEAST BAHAMAS
(INCLUDING INAGUA, ACKLINS, CROOKED ISLAND, MAYAGUANA, RAGGED ISLAND & ADJACENT WATERS):

ADVISORY: There is a **small craft caution** in effect for all area waters.
WINDS: East at 15 to 20 knots.
LOCAL SEAS: 4 to 6 feet across all area waters.
SWELLS: No significant swells on the Atlantic waters.
WEATHER: Few isolated showers.

MOONRISE:	MOONSET:
1:37 PM	12:47 AM WED
MOON PHASE	
FIRST QUARTER	
FULL MOON - JULY 29TH	

ISLAND TIDES:	NORTHERN (GRAND BAHAMA):	NORTHWEST (NEW PROVIDENCE):	CENTRAL (EXUMA):	SOUTHEAST (INAGUA):
HIGH TIDE:	2:54 PM	2:30 PM	2:32 PM	2:46 PM
LOW TIDE:	9:22 PM	8:52 PM	8:45 PM	9:14 PM

(For specific times for other islands, please see Tide Table Publication.)

TROPICAL WEATHER OUTLOOK:

Tropical Storm Bertha has strengthened into a strong tropical storm some 70 miles south of Panama City Beach Florida with maximum sustained winds of 60 miles per hour and a minimum central pressure of 995 millibars. No significant change in strength is expected over the next 24 hours as Bertha moves westerly near 3 miles per hour. Elsewhere, tropical cyclone formation is not expected during the next 7 days...



BAHMET 23/7B

EXTENDED FORECAST FOR THE BAHAMAS FOR WEDNESDAY JULY 22, 2026:

*There is a **small craft caution** in effect for all area waters of the Southeast Bahamas.*

ADVISORY:

Southeast Bahamas:

Gusty winds, higher seas and reduced visibility can be experienced in the vicinity of showers and thunderstorms.

Northern, Northwest and Central Bahamas:

Easterly at 10 to 15 knots, with occasional higher gusts.

WINDS:

Southeast Bahamas:

East-northeast at 15 to 20 knots, with occasional higher gusts.

Northern, Northwest and Central Bahamas:

2 to 4 feet on the sheltered waters and 3 to 5 feet on the Atlantic waters.

SEAS:

Southeast Bahamas:

East at 15 to 20 knots, with occasional higher gusts.

Northern, Northwest and Central Bahamas:

Isolated showers and thunderstorms.

PRECIPITATION:

Southeast Bahamas:

Widely scattered showers and isolated showers.

EXTENDED FORECAST FOR THE BAHAMAS FOR THURSDAY JULY 23, 2026:

*There is a **small craft caution** in effect for all area waters of the Southeast Bahamas.*

ADVISORY:

Northern, Northwest and Central Bahamas:

Gusty winds, higher seas and reduced visibility can be experienced in the vicinity of showers and thunderstorms.

Northern, Northwest and Central Bahamas:

East at 10 to 15 knots, with occasional higher gusts.

WINDS:

Southeast Bahamas:

East at 15 to 20 knots, with occasional higher gusts.

Northern, Northwest and Central Bahamas:

2 to 4 feet on the sheltered waters and 3 to 5 feet on the Atlantic waters.

SEAS:

Southeast Bahamas:

4 to 6 feet across all area waters.

Northern, Northwest and Central Bahamas:

Widely scattered showers and isolated showers.

PRECIPITATION:

Southeast Bahamas:

Isolated showers with the chance for a thunderstorm.

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We value your feedback! Please click this link <https://forms.gle/i53xH73geVH8Dz7n8> to fill out our survey; designed to gather insights on the accuracy, accessibility and usefulness of The Bahamas Department of Meteorology's **marine weather products**. The survey will take only a moment of your time to complete and your input will directly contribute to enhancing our services. Thank you!

(Please view our products on our Bahamas Meteorology Facebook Page or our website, met.gov.bs.)