



BAHAMAS MARINE FORECAST

Spring Forward!!!

Daylight Saving Time begins on Sunday, March 8, 2026, at 2:00 a.m.

Please remember to set your clocks forward by one hour before retiring to bed on Saturday evening. Most electronic devices will update automatically; however, manual clocks may need to be adjusted.

MARINE FORECASTS FOR THE BAHAMAS ISSUED BY THE BAHAMAS DEPARTMENT OF METEOROLOGY AT 6:00 P.M. EST SATURDAY MARCH 07, 2026, FOR THE NEXT 24 HOURS. THE NEXT SCHEDULED FORECASTS WILL BE ISSUED AT 6:00 A.M. EST TOMORROW.

There is a high risk of rip currents for the Atlantic waters and all east and southeast coastal waters of the island chain. Swimmers are urged to remain nearshore.

WARNINGS: Central and Southeast Bahamas: Thunderstorms can become strong-to-severe at times, with the possibility of waterspout activity.

GENERAL SITUATION: A surface ridge will steer moderate to fresh east to southeast winds across the islands through early next week. Mid-to-upper-level troughing will continue to enhance chances for convection across the Central and Southeast Bahamas through early next week.

NORTHERN BAHAMAS

(INCLUDING GRAND BAHAMA, ABACO, BIMINI & ADJACENT WATERS):

ADVISORY: There is a **small craft advisory** in effect for the Atlantic waters. There is a **small craft caution** in effect for the sheltered waters. The small craft caution on the sheltered waters will be discontinued on Sunday at sunrise.

WINDS: East-southeast at 15 to 20 knots tonight; East-southeast at 10 to 15 knots on Sunday with higher gusts.

LOCAL SEAS: 4 to 6 feet on the sheltered waters and 6 to 8 feet on the Atlantic waters tonight. 2 to 4 feet nearshore on the sheltered waters, 3 to 5 feet offshore on the sheltered waters and 5 to 7 feet on the Atlantic waters on Sunday.

SWELLS: Light to moderate easterly wind waves on the open waters.

WEATHER: Chance for a few isolated showers.

NORTHWEST BAHAMAS

(INCLUDING NEW PROVIDENCE, ANDROS, THE BERRY ISLANDS, ELEUTHERA & ADJACENT WATERS):

ADVISORY: There is a **small craft advisory** in effect for the Atlantic waters. There is a **small craft caution** in effect for the sheltered waters. The small craft caution on the sheltered waters will be discontinued on Sunday at sunrise.

WINDS: East at 15 to 20 knots tonight. East at 15 to 20 knots on Sunday.

LOCAL SEAS: 4 to 6 feet on the sheltered waters and 6 to 8 feet on the Atlantic waters tonight. 2 to 4 feet nearshore on the sheltered waters, 3 to 5 feet offshore on the sheltered waters and 5 to 7 feet on the Atlantic waters on Sunday.

SWELLS: Light to moderate easterly wind waves on the open waters.

WEATHER: Chance for a few isolated showers.

CENTRAL BAHAMAS

(INCLUDING EXUMA, CAT ISLAND, LONG ISLAND, SAN SALVADOR, RUM CAY & ADJACENT WATERS):

ADVISORY: There is a **small craft advisory** in effect for the Atlantic waters. There is a **small craft caution** in effect for the sheltered waters. Gusty winds, higher seas and reduced visibility can be experienced in the vicinity of showers and thunderstorms.

WINDS: East at 15 to 20 knots through Sunday.

LOCAL SEAS: 4 to 6 feet on the sheltered waters through Sunday, and 6 to 9 feet on the Atlantic waters tonight, falling to 6 to 8 feet on Sunday.

SWELLS: Light to moderate easterly wind waves on the open waters.

WEATHER: Isolated showers and thunderstorms.



SOUTHEAST BAHAMAS
(INCLUDING INAGUA, ACKLINS, CROOKED ISLAND, MAYAGUANA, RAGGED ISLAND & ADJACENT WATERS):

ADVISORY: There is a **near-gale warning** in effect until Sunday at sunrise. **Small craft should remain in port.** A **small craft advisory** will come into immediate effect thereafter. Gusty winds, higher seas and reduced visibility can be experienced in the vicinity of showers and thunderstorms.

WINDS: East at 15 to 25 knots with gusts to near gale force tonight. East at 15 to 20 knots with higher gusts on Sunday.

LOCAL SEAS: 5 to 8 feet on the sheltered waters tonight, falling to 4 to 7 feet on Sunday; 6 to 9 feet on the Atlantic waters tonight through Sunday.

SWELLS: Light to moderate easterly wind waves on the open waters.

WEATHER: Widely scattered showers and isolated thunderstorms.

MOONRISE:	MOONSET:
10:17 PM	10:14 AM _{SUN}
MOON PHASE	
FULL MOON	
THIRD QUARTER - MARCH 11TH	

ISLAND TIDES:	NORTHERN (GRAND BAHAMA):	NORTHWEST (NEW PROVIDENCE):	CENTRAL (EXUMA):	SOUTHEAST (INAGUA):
HIGH TIDE:	11:04 PM	10:40 PM	10:42 PM	10:56 PM
LOW TIDE:	6:32 AM _{SUN}	6:02 AM _{SUN}	5:55 AM _{SUN}	6:24 AM _{SUN}

(For specific times for other islands, please see Tide Table Publication.)

EXTENDED FORECAST FOR THE BAHAMAS FOR MONDAY, MARCH 09 , 2026:

*There is a **small craft advisory** in effect for the Atlantic waters of the island chain.
There is a **small craft caution** in effect for the sheltered waters of the Southeast Bahamas.*

ADVISORY: *Central and Southeast Bahamas:
Gusty winds, higher seas and reduced visibility can be experienced in the vicinity of showers and thunderstorms.*
Northern, Northwest and Central Bahamas: Easterly at 10 to 15 knots with occasional higher gusts.

WINDS: Southeast Bahamas: East at 15 to 20 knots.

Northern, Northwest and Central Bahamas: 2 to 4 feet nearshore on the sheltered waters, 3 to 5 feet offshore on the sheltered waters and 5 to 7 feet on the Atlantic waters.

SEAS: Southeast Bahamas: 4 to 6 feet on the sheltered waters and 6 to 8 feet on the Atlantic waters.

Northern and Northwest Bahamas: No significant weather.

PRECIPITATION: Central and Southeast Bahamas: Widely scattered showers and isolated thunderstorms.

**EXTENDED FORECAST FOR THE BAHAMAS FOR TUESDAY, MARCH 10, 2026:**

*There is a **small craft advisory** in effect for the Atlantic waters of the Central and Southeast Bahamas.*

*There is a **small craft caution** in effect for the Atlantic waters of the Northern and Northwest Bahamas, as well as the sheltered waters of the Southeast Bahamas.*

ADVISORY:

Central and Southeast Bahamas:

Gusty winds, higher seas and reduced visibility can be experienced in the vicinity of showers and thunderstorms.

Northern and Northwest Bahamas: East at 10 to 15 knots with occasional higher gusts.

WINDS:

Central Bahamas: East at 10 to 15 knots with occasional higher gusts.

Southeast Bahamas: East at 15 to 20 knots with higher gusts.

Northern and Northwest Bahamas: 2 to 4 feet on the sheltered waters and 4 to 6 feet on the Atlantic waters.

SEAS:

Central Bahamas: 2 to 4 feet on the sheltered waters and 5 to 7 feet on the Atlantic waters.

Southeast Bahamas: 4 to 6 feet on the sheltered waters and 6 to 8 feet on the Atlantic waters.

Northern and Northwest Bahamas: No significant weather.

PRECIPITATION:

Central and Southeast Bahamas: Isolated showers and thunderstorms.

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**BAHAMAS
DEPARTMENT OF
METEOROLOGY**

(Please view our products on our Bahamas Meteorology Facebook Page or our website, met.gov.bs.)

We value your feedback! Please click this link <https://forms.gle/i53xH73geVH8Dz7n8> to fill out our survey; designed to gather insights on the accuracy, accessibility and usefulness of The Bahamas Department of Meteorology's **marine weather products**. The survey will take only a moment of your time to complete and your input will directly contribute to enhancing our services. Thank you!