



BAHAMAS MARINE FORECAST

MARINE FORECASTS FOR THE BAHAMAS ISSUED BY THE BAHAMAS DEPARTMENT OF METEOROLOGY AT 6:00 P.M. EST FRIDAY, JULY 24TH, 2026, FOR THE NEXT 24 HOURS. THE NEXT SCHEDULED FORECASTS WILL BE ISSUED AT 6:00 A.M. EDT TOMORROW.

SPECIAL WARNING:

THUNDERSTORM:
North Bahamas: Moderate risk for showers and thunderstorms. With a few cells becoming heavy to strong, *especially for Abaco and eastern Grand Bahama*
Northwest, Central & Southeast Bahamas: Low risk for showers and thunderstorms.

RIP CURRENTS: for the Atlantic-exposed
Southeast Bahamas: Moderate rip current risks. Swimmers should avoid these areas.
Remaining Bahamas: Low rip current risk- Swimmers should remain vigilant.

WARNINGS:

MARINE CONDITIONS:
Atlantic exposed:

- **Southeast Bahamas:** Small craft should exercise caution...
- **Remaining Bahamas:** None

Open Waters, Nearshore & Sheltered:

- **Southeast Bahamas:** Small craft should exercise caution
- **Remaining Bahamas:** None

GENERAL SITUATION:

High pressure to the east of the Bahamas will continue to generate gentle to moderate winds across the country. A broad area of instability, combined with a weak surface trough stretching across Abaco and the Florida Straits, will bring unsettled weather to the Northern Bahamas. Additionally, an upper-level trough positioned just east of the Central Bahamas will enhance the potential for widespread showers and thunderstorms. Outside of thunderstorms, sea conditions across the Northern Bahamas will remain relatively calm. However, a **Small Craft Caution** remains in effect for waters north of the Exuma Cays and southward due to moderate seas and breezy conditions. Mariners should exercise caution, especially in and near thunderstorms, where gusty winds, rough seas, frequent lightning, and reduced visibility can occur suddenly.

OUTLOOK:

Saturday & Sunday:
High pressure will gradually build across the Bahamas through the weekend as the weakening trough shifts farther west. While weather conditions are expected to improve overall, there will still be a chance of scattered showers and isolated thunderstorms across the islands.
Small craft operators and beachgoers are advised to monitor thunderstorm activity and exercise caution due to the rapid development.

NORTHERN BAHAMAS

(INCLUDING GRAND BAHAMA, ABACO, BIMINI & ADJACENT WATERS):

ADVISORY:

None...exercise caution due to showers and thunderstorms.

WINDS:

Southeast near 10 knots overnight

LOCAL SEAS:

Sheltered areas, open waters & Northwest Providence Channel- less than 2 feet; the Atlantic exposed waters- 3 to 4 feet.

GULF STREAM:

Less than 2 feet

SWELLS:

Light east for the Atlantic exposed

WEATHER:

Partly cloudy with the chance of showers and thunderstorms.

NORTHWEST BAHAMAS

(INCLUDING NEW PROVIDENCE, ANDROS, THE BERRY ISLANDS, ELEUTHERA & ADJACENT WATERS):

ADVISORY:

None...exercise caution due to showers and thunderstorms.

WINDS:

Southeast to east near 10 knots overnight

LOCAL SEAS:

Sheltered areas, open waters- less than 2 feet; Exuma Sound (north)- 2 feet, Northeast Providence Channel- 2 to 3 feet; and the Atlantic exposed waters- 3 to 4 feet.

SWELLS:

Light east to east for the Atlantic exposed

WEATHER:

Partly cloudy with the chance of isolated showers and thunderstorms.



CENTRAL BAHAMAS
(INCLUDING EXUMA, CAT ISLAND, LONG ISLAND, SAN SALVADOR, RUM CAY & ADJACENT WATERS):

ADVISORY: None...
WINDS: East 10 to 5 knots overnight
LOCAL SEAS: Sheltered areas, open waters- less than 2 feet; the Exuma Sound (south), Crooked Island Passage- 2 to 3 feet; and the Atlantic exposed waters – 3 to 4 feet.
SWELLS: Light east for the Atlantic exposed
WEATHER: Partly cloudy with the slight chance of isolated showers and thunderstorms.

SOUTHEAST BAHAMAS
(INCLUDING INAGUA, ACKLINS, CROOKED ISLAND, MAYAGUANA, RAGGED ISLAND & ADJACENT WATERS):

ADVISORY: Small craft should exercise caution...
WINDS: East 15 knots with higher gusts overnight...
LOCAL SEAS: Sheltered areas- less than 2 feet; open waters and all Passages – 3 feet; Atlantic exposed waters – 3 to 4 feet.
SWELLS: Light to moderate east locally, and for the Atlantic exposed
WEATHER: Fair with a slight chance of isolated showers and thunderstorms.

MOONSET:	MOONRISE:
02:51 AM SAT	5:17 PM SAT
Waxing Gibbous	
Full Moon (Wed 29 th July 2026 @ 10:36 am)	

ISLAND TIDES:	NORTHERN (GRAND BAHAMA):	NORTHWEST (NEW PROVIDENCE):	CENTRAL (EXUMA):	SOUTHEAST (INAGUA):
HIGH TIDE:	5:23 PM	5:17 PM	5:16 PM	5:30 PM
LOW TIDE:	11:49 PM	11:47 PM	11:40 PM	12:09 AM SAT
HIGH TIDE:	05:34 AM SAT	05:25 AM SAT	05:27 AM SAT	05:41 AM SAT
LOW TIDE:	11:31 AM SAT	11:29 AM SAT	11:22 AM SAT	11:51 AM SAT

(For specific times for other islands, please see Tide Table Publication.)

TROPICAL WEATHER OUTLOOK: Hurricane Season: June 1 – November 30.
Elsewhere, the tropics is quiet and tropical cyclone formation is not expected during the next 7 days.

EXTENDED FORECAST FOR THE BAHAMAS FOR SATURDAY, JULY 25TH, 2025:

ADVISORY: None

WINDS: North Bahamas- Southeast 10 knots throughout the day, becoming less than 10 knots overnight.
Northwest Bahamas – East to southeast 10 knots throughout the day and overnight.
Central & Southeast Bahamas - East 10 knots throughout the day and overnight with higher gusts.

SEAS: North, Bahamas – All areas less than 2 feet; Atlantic exposed waters–2 to 3 feet
Northwest & Central Bahamas – All areas less than 2 feet; Crooked Island passage- 2 to 3 feet; Atlantic exposed waters– 3 to 4 feet
Southeast Bahamas – Locally 2 to 3 feet, Mayaguana passage- 3 feet; Caicos passage- 3 to 4 feet and the Atlantic exposed waters– 3 to 5 feet

SWELLS: Northern to Central Bahamas: Light east swells for the Atlantic waters.
Southeast Bahamas: Light to moderate east swells for the Atlantic waters. Moderate east-northeast for open waters



EXTENDED FORECAST FOR THE BAHAMAS FOR SUNDAY, JULY 26TH, 2025:

ADVISORY: None

WINDS: **North Bahamas-** Southwest to west 10 knots throughout the day and overnight.
Northwest Bahamas – South to southwest less than 10 knots throughout the day and southeast overnight.
Central Bahamas – Southeast 12 to 18 knots throughout the day and overnight with higher gusts.
Southeast Bahamas - Southeast 15 knots throughout the day and overnight with higher gusts.

SEAS: **North, Bahamas –** All areas less than 2 feet; Atlantic exposed waters–2 to 3 feet
Northwest & Central Bahamas – All areas less than 2 feet; Crooked Island passage- 2 to 3 feet; Atlantic exposed waters– 3 to 4 feet
Southeast Bahamas – Locally 2 to 3 feet, Mayaguana passage- 3 feet; Caicos passage- 3 to 4 feet and the Atlantic exposed waters– 3 to 5 feet

SWELLS: **Northern to Central Bahamas:** Light east swells for the Atlantic waters.
Southeast Bahamas: Light to moderate east swells for the Atlantic waters. Moderate east-northeast for open waters

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**BAHAMAS
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